

juicekitchen

Modern living can take its toll. You work hard and you play hard. Sometimes this can leave you feeling under the weather. Toxins from alcohol, cigarettes and many foods can linger in the body and make you feel tired and listless.

Want that energy back? Want to help bolster your immune system? Need to cleanse and purify? We can help.

detox

You already know that eating and drinking the right things can make a difference to your wellbeing. Let us make it easy for you!

juicekitchen is offering you a range of detox programmes to help sweep away those body blues whilst we pack you full of vitamins and minerals.

We'll give you vouchers to use on our specially selected and prepared juices and salads. Drinks and food are engineered to include lots of superfoods and help neutralise toxins and free radicals.

Depending on how much help you need and how much you can afford, you can choose from three plans : **LITE**, **ACTIVE** and **PRO**.

LITE gives you five delicious fresh juices, **ACTIVE** adds five nutrient-rich salads. Then for the determined detoxer, **PRO** serves up five wheatgrass shots as well to really cleanse!

Just in case you needed any more encouragement, the packages we've designed even offer a discount off our standard prices!

These programmes are designed to be used over a working week (but vouchers can be redeemed anytime) in conjunction with a healthy eating plan. All the plans come with guidelines on what and what not to eat. (Please consult your GP if you are suffering from any illness or taking medication before starting a detox).

LITE £11.50 8% off*

Super Detox juice x 2 – beetroot, carrot, apple, celery, spinach

Classic Cleanser juice– carrot, apple, celery, ginger

Lifeblood juice – beetroot, carrot, orange

Energiser juice – carrot, apple, kiwi, parsley

ACTIVE £22.50 10% off*

Super Detox juice x 2 – beetroot, carrot, apple, celery, spinach

Classic Cleanser juice– carrot, apple, celery, ginger

Lifeblood juice– beetroot, carrot, ginger

Energiser juice– carrot, apple, kiwi, parsley

Big Energy Salad x 2

Raw Power Salad x 2

Garden Salad x 1

PRO £32.00 15% off*

Super Detox juice x 2 – beetroot, carrot, apple, celery, spinach

Classic Cleanser juice – carrot, apple, celery, ginger

Lifeblood juice – beetroot, carrot, ginger

Energiser juice – carrot, apple, kiwi, parsley

Big Energy Salad x 2

Raw Power Salad x 2

Garden Salad x 1

Wheatgrass shots x 5

Box of Detox Tea